



Senior Citizens' University

With the aim of providing the elderly with the opportunity of becoming an active part in the current society, the Senior Citizen's University of Castellón was created in 1998 with commitment and awareness of the importance of lifelong education. The quick and constant changes in our environment, technological advances, and the dynamic society require constant learning that we yield not only through academic instruction but also through social interaction.

Students are encouraged to reflect and share knowledge through active learning and interactive activities and experiences. Currently, 1026 senior students (over 55 years old) are part of this incredibly rewarding experience.

*"NEVER STOP
LEARNING
BECAUSE LIFE
NEVER STOPS
TEACHING"*



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*SENIOR
CITIZENS'
UNIVERSITY*

UNIVERSITAT JAUME I,
CASTELLÓ, SPAIN



WHAT WE DO

OBJECTIVES

- Enable intellectual and moral development.
- Provide a suitable space for scientific and cultural debate.
- Promote creativity and activity, and improve life quality by enabling access to scientific knowledge.
- Stimulate communication between generations as well as intercultural exchange.



DISSEMINATION AND RESEARCH

We **share our understanding of lifelong learning** and **active ageing** through talks, conferences, participation in social and intergenerational activities, our magazine, radio, ICT dissemination tools, and seniors' activities, organisations, and networks. **Innovating** in pedagogical and methodological processes, materials and tools is also one of our leading duties.



NON-FORMAL EDUCATION

All courses involve **activities outside the classroom** such as visiting museums, historical places and monuments, or mountain hiking. These trips enable students to put into **practice** what they have learned, what works as a **complement to regular** lessons and enhances acquisition of **soft-skills**.

FORMAL EDUCATION

Senior Degree

- Social and human sciences degree

Postgraduate courses

- Transversal postgraduate course: Global culture and society
- Specific postgraduate course: Power in society
- Specific postgraduate course: Interactive learning

Online Courses

- European Wars: Society and historical aspects
- Scientific innovations that changed humanity

Workshops

- Linguistic workshops: English, and Valencian
- Technological workshops: ICTs, Tablets and smartphones, Apple computers, Robotics and programming, multimedia editing, office applications, IT and Internet
- Music Workshops: Musical Education